

News from the ILC



Student Equity Retreat

By Dr. De'Nean Coleman-Carew

On August 18, 2015, Antelope Valley College hosted the first campus-wide Student Equity Retreat at the Rancho Vista Golf Club in Palmdale, CA. The event was attended by approximately 100 participants and provided an excellent opportunity for faculty, staff, and administrators to learn about and discuss student equity at AVC.

New World Education presented a workshop on the HOUSE method. HOUSE stands for Holistic Unlimited Student Empowerment. The ILC was formed to support interdisciplinary learning and this strategy of empowering and engaging students is one that can certainly be used across the curriculum and in every discipline. Some faculty assert that it is only the responsibility of Counseling or Orientation to help students become successful. A small group cannot achieve such a lofty goal by itself. It will take the entire AVC community to bolster the torch of student success to actually see a difference in our students. Why do you review the syllabus with your students on the first day of class? They can read. You do it to aid in their success—to clarify the course expectations—to help them understand what will be required and help them prepare. The HOUSE method is an additional tool you can use for the same end.

The ILC would like to encourage faculty to not just review the syllabus and SLOs on the first day, but to start to engage students

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Meet ILC Member Dr. De'Nean Coleman-Carew

Dr. De'Nean Coleman-Carew has proudly served the needs of AVC students as a Counseling Faculty member since June of 1992. She earned a Ph.D. in Clinical Psychology from the Fielding Institute and is currently a licensed clinical psychologist. She started her academic journey at a California Community College. She then enlisted in the US Air Force and while serving our country as

an airwoman, transferred to California State University, San Bernardino to complete a BA and MA in Industrial/Organizational Psychology.

When she isn't counseling students or serving on the campuses Behavioral Intervention Team (BIT), she is teaching HD 105, Personal Development. She describes it as an applied

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"Started from the bottom; now I'm here." ~Dr. De'Nean Coleman-Carew

HOUSE© Means Student Empowerment and Personal Growth

The HOUSE Method is a 4-Part Process of Growth and Empowerment:

1. **Know Yourself**
Think about who you are and who you want to become.
2. **Know Where You Are**
Think about where you are. Understand the rules. Know who the decision-makers are.
3. **Set Goals and Plan**
Decide what you're going to do, set goals. Create a plan of action.
4. **Take Action and Reflect**
Take action, then Reflect/Check/Correct yourself. Move forward, grow and improve your situation.

Student Equity Retreat Continued

in a different way in the pursuit of student success.

If students keep hearing the same message throughout the AVC community, they will follow. We can't keep saying that students are coming to us unprepared. What if all those unprepared students just vanished? Where would we be then? We have to say, "What can I do to address this issue?" What can we do, as a community, to help students learn and be successful in academia?

A tools package is attached. Have students complete the 4-Square (Holistic) Goals Worksheet and Grade Goals for your class. Have them identify the time they will be in your class and when they will study for the course outside of class. They need to maintain a consistent weekly schedule. Ask them to assess their support network and discuss potential sources of support they may not have identified, like teachers, counselors, and coaches. It's also important to recognize relationships that are hindering them. Lastly, give them the Self-Assessment form and ask that they assess progress toward their goals three times per semester. Take a few minutes out of class, three times during the semester to do this or give it as a homework assignment. We all want empowered, self-directed, engaged, successful students. They often want the same thing but we have to show them how to get there!



HOUSE© Means Student Empowerment and Personal Growth

At New World Education, we believe that students often cannot afford to wait for others to figure out how to help them be successful. We've got to learn to balance the academic and personal challenges life brings our way. We can do this by knowing and understanding ourselves and what's important to us, by advocating for ourselves and our needs and by learning to make education work for us.

The HOUSE© method guides students how to develop greater self-awareness and to empower themselves. Using the strategies and tools we've created, any student can begin to achieve his or her full academic, social and leadership potential.

HOUSE© is NWE's unique and dynamic method of facilitating academic and personal development among youth and students of all ages and at all levels.

NWE uses the HOUSE© method to help students become...

- Empowered, Self-Directed
- Effective Self-Advocates
- Culturally Secure and Competent
- Effective and Successful

Meet ILC Member continued

psychology course, where students take a host of psychological theories and apply them to their self, culminating with a critically derived Philosophy of Life. What she loves most about her job is seeing students change their perception of who they are, seeing their true value, and realizing that they can be and have the best that life has to offer. What she most wants students to know—how much power they have to determine their destiny! The title of the textbook used in HD 105 is *Never Knew I Had a Choice*. That sums it up.



ILC Members

Dr. De'Nean Coleman-Carew,
Counseling & Matriculation

Scott Covell, English

Mark Hoffer, English

Dr. Zia Nisani, Biology

Noah Stepro, History

John Vento, Political Science

Kathryn Mitchell, English

Interdisciplinary Learning Committee

Meeting Dates:

November 18, 2015—Faculty Invited
December 2, 2015

Room LS2-153

2:00 pm – 3:00 pm

Spring Meeting Dates TBA



ILC

What is the ILC?

The Interdisciplinary Learning Committee seeks to promote and support faculty discussion, action, and alignment across the curriculum, resulting in more student-centered interdisciplinary learning, program revision, and professional development. The committee serves the mission of the college, by addressing pedagogical innovation, academic diversity, foundational learning, transfer education, and career pathways, and its goals coincide with all six of the college's institutional learning outcomes.

The ILC works to systematize reading, writing, and critical thinking standards across campus through rubrics, learning outcomes, and attention to basic skills. The committee goals include promoting faculty interaction and sense of shared purpose across the curriculum, encouraging faculty professional development presentation with interdisciplinary learning frameworks, creating new strategies and structures for student-focused learning communities and integrated instruction, aligning interdisciplinary learning with transfer model curricula, and linking interdisciplinary learning with college budget decisions. Ultimately, the committee seeks to associate interdisciplinary learning with the ideas of diversity, cultural awareness, and global citizenship.

Open Meeting Invitation

In an effort to improve communication between faculty at AVC, the Interdisciplinary Learning Committee would like to invite anyone interested to the second meeting of each month. This meeting will be focused on campus-wide interests and will provide time for an open forum where faculty are encouraged to join the discussion.

Upcoming Events

FPD Event

*Zombie Invasion:
Utilizing the Zombie
Phenomenon in the
Classroom*

Thursday, Feb. 11, 2016
5:00 – 8:00 pm
SSV-151

FPD Event

*Zero to Hero: How Defeat,
Disappointment, and Not
Getting Our Way Can Be
Good for Us*

Friday, Feb. 26, 2016
1:00 – 4:00 pm
SSV-151